



FC Level Girls 1 – 8

1 METER RULES

FC Level 1 Girls 1m

Divers shall perform 6 dives in the event. 6 Skill Dives. Your Voluntary dives will have a fixed dd of 1.0. May repeat Groups. May repeat Dives with different position. Skills can be selected from this list : 100abc 200abc 5102abc 5104abc 5201abc 5203abc 5205abc 5301abc 5303abc 5305abc 5106abc 001abcd 002abcd For detailed information see the Official meet information document

FC Level 2 Girls 1m

Divers shall perform 6 dives in the event. 5 Skill Dives. and 1 Optional Dives. May repeat Groups. May repeat Dives with different position. Skills can be selected from this list : 100abc 200abc 5102a 5104a 5201a 5203a 5205abc 5301abc 5303abc 5305abc 5106abc 001abcd 002abcd Optionals can be selected from this list : 101abcd on 1m. 201abcd on 1m. 301abcd on 1m. 401abcd on 1m. 101abcd on 3m. 201abcd on 3m. 301abcd on 3m. 401abcd on 3m. Any dive can be used as Optional on 1m. Any dive can be used as Optional on 3m. For detailed information see the Official meet information document

FC Level 3 Girls 1m

Divers shall perform 6 dives in the event. 4 Skill Dives. and 2 Optional Dives. Optional dives must be from 2 different groups. May not repeat Dives. Skills can be selected from this list : 100abc 200abc 5102a 5104a 5201a 5203a 5205abc 5301abc 5303abc 5305abc 5106abc 001abcd 002abcd Optionals can be selected from this list : 101abcd on 1m. 201abcd on 1m. 301abcd on 1m. 401abcd on 1m. 101abcd on 3m. 201abcd on 3m. 301abcd on 3m. 401abcd on 3m. Any dive can be used as Optional on 1m. Any dive can be used as Optional on 3m. For detailed information see the Official meet information document

FC Level 4 Girls 1m

Divers shall perform 6 dives in the event. 3 Skill Dives. and 3 Optional Dives. Optional dives must be from 3 different groups. May not repeat Dives. Skills can be selected from this list : 100abc 200abc 5102a 5104a 5201a 5203a 5205abc 5301abc 5303abc 5305abc 5106abc 001abcd 002abcd Optionals can be selected from this list : 101abcd on 1m. 201abcd on 1m. 301abcd on 1m. 401abcd on 1m. 101abcd on 3m. 201abcd on 3m. 301abcd on 3m. 401abcd on 3m. Any dive can be used as Optional on 1m. Any dive can be used as Optional on 3m. For detailed information see the Official meet information document

FC Level 5 Girls 1m

Divers shall perform 7 dives in the event.3 Skills 2 Voluntary Dives and 2 Optional Dives. Voluntary dives must be from 2 different groups. Optional dives must be from 2 different groups. May not repeat Dives. Skills can be selected from this list : 100abc 200abc 5102a 5104a 5201a 5203a 5205abc 5301abc 5303abc 5305abc 5106abc 001abcd 002abcd Voluntaries can be selected from this list : 101abcd on 1m. 201abcd on 1m. 301abcd on 1m. 401abcd on 1m. 101abcd on 3m. 201abcd on 3m. 301abcd on 3m. 401abcd on 3m. Any dive can be used as Optional on 1m. Any dive can be used as Optional on 3m. For detailed information see the Official meet information document

FC Level 6 Girls 1m

Divers shall perform 7 dives in the event.2 Skills 3 Voluntary Dives and 2 Optional Dives. Voluntary dives must be from 3 different groups. Optional dives must be from 2 different groups. May not repeat Dives. Skills can be selected from this list : 100abc 200abc 5102a 5104a 5201a 5203a 5205abc 5301abc 5303abc 5305abc 5106abc 001abcd 002abcd Voluntaries can be selected from this list : 101abcd on 1m. 201abcd on 1m. 301abcd on 1m. 401abcd on 1m. 101abcd on 3m. 201abcd on 3m. 301abcd on 3m. 401abcd on 3m. Any dive can be used as Optional on 1m. Any dive can be used as Optional on 3m. For detailed information see the Official meet information document

FC Level 7 Girls 1m

Divers shall perform 7 dives in the event.1 Skills 3 Voluntary Dives and 3 Optional Dives. Voluntary dives must be from 3 different groups. Optional dives must be from 3 different groups. May not repeat Dives. Skills can be selected from this list : 100abc 200abc 5102a 5104a 5201a 5203a 5205abc 5301abc 5303abc 5305abc 5106abc 001abcd 002abcd Voluntaries can be selected from this list : 101abcd on 1m. 201abcd on 1m. 301abcd on 1m. 401abcd on 1m. 101abcd on 3m. 201abcd on 3m. 301abcd on 3m. 401abcd on 3m. Any dive can be used as Optional on 1m. Any dive can be used as Optional on 3m. For detailed information see the Official meet information document

FC Level 8 Girls 1m

Divers shall perform 7 dives in the event.4 Voluntary Dives. and 3 Optional Dives. Voluntary dives must be from 4 different groups. Optional dives must be from 3 different groups. May not repeat Dives. Voluntaries can be selected from this list : 101abcd on 1m. 201abcd on 1m. 301abcd on 1m. 401abcd on 1m. 101abcd on 3m. 201abcd on 3m. 301abcd on 3m. 401abcd on 3m. Any dive can be used as Optional on 1m. Any dive can be used as Optional on 3m. For detailed information see the Official meet information document

3 METER RULES

FC Level 1 Girls 3m

Divers shall perform 6 dives in the event. 6 Skill Dives. Your Voluntary dives will have a fixed dd of 1.0. May repeat Groups. May repeat Dives with different position. Skills can be selected from this list : 100abc 200abc 5102abc 5104abc 5201abc 5203abc 5205abc 5301abc 5303abc 5305abc 5106abc 001abcd 002abcd For detailed information see the Official meet information document

FC Level 2 Girls 3m

Divers shall perform 6 dives in the event. 5 Skill Dives. and 1 Optional Dives. May repeat Groups. May repeat Dives with different position. Skills can be selected from this list : 100abc 200abc 5102a 5104a 5201a 5203a 5205abc 5301abc 5303abc 5305abc 5106abc 001abcd 002abcd Optionals can be selected from this list : 101abcd on 1m. 201abcd on 1m. 301abcd on 1m. 401abcd on 1m. 101abcd on 3m. 201abcd on 3m. 301abcd on 3m. 401abcd on 3m. Any dive can be used as Optional on 1m. Any dive can be used as Optional on 3m. For detailed information see the Official meet information document

FC Level 3 Girls 3m

Divers shall perform 6 dives in the event. 4 Skill Dives. and 2 Optional Dives. Optional dives must be from 2 different groups. May not repeat Dives. Skills can be selected from this list : 100abc 200abc 5102a 5104a 5201a 5203a 5205abc 5301abc 5303abc 5305abc 5106abc 001abcd 002abcd Optionals can be selected from this list : 101abcd on 1m. 201abcd on 1m. 301abcd on 1m. 401abcd on 1m. 101abcd on 3m. 201abcd on 3m. 301abcd on 3m. 401abcd on 3m. Any dive can be used as Optional on 1m. Any dive can be used as Optional on 3m. For detailed information see the Official meet information document

FC Level 4 Girls 3m

Divers shall perform 6 dives in the event. 3 Skill Dives. and 3 Optional Dives. Optional dives must be from 3 different groups. May not repeat Dives. Skills can be selected from this list : 100abc 200abc 5102a 5104a 5201a 5203a 5205abc 5301abc 5303abc 5305abc 5106abc 001abcd 002abcd Optionals can be selected from this list : 101abcd on 1m. 201abcd on 1m. 301abcd on 1m. 401abcd on 1m. 101abcd on 3m. 201abcd on 3m. 301abcd on 3m. 401abcd on 3m. Any dive can be used as Optional on 1m. Any dive can be used as Optional on 3m. For detailed information see the Official meet information document

FC Level 5 Girls 3m

Divers shall perform 7 dives in the event. 3 Skills 2 Voluntary Dives and 2 Optional Dives. Voluntary dives must be from 2 different groups. Optional dives must be from 2 different groups. May not repeat Dives. Skills can be selected from this list : 100abc 200abc 5102a 5104a 5201a 5203a 5205abc 5301abc 5303abc 5305abc 5106abc 001abcd 002abcd Voluntaries can be selected from this list : 101abcd on 1m. 201abcd on 1m. 301abcd on 1m. 401abcd on 1m. 101abcd on 3m. 201abcd on 3m. 301abcd on 3m. 401abcd on 3m. Any dive can be used as Optional on 1m. Any dive can be used as Optional on 3m. For detailed information see the Official meet information document

FC Level 6 Girls 3m

Divers shall perform 7 dives in the event. 2 Skills 3 Voluntary Dives and 2 Optional Dives. Voluntary dives must be from 3 different groups. Optional dives must be from 2 different groups. May not repeat Dives. Skills can be selected from this list : 100abc 200abc 5102a 5104a 5201a 5203a 5205abc 5301abc 5303abc 5305abc 5106abc 001abcd 002abcd Voluntaries can be selected from this list : 101abcd on 1m. 201abcd on 1m. 301abcd on 1m. 401abcd on 1m. 101abcd on 3m. 201abcd on 3m. 301abcd on 3m. 401abcd on 3m. Any dive can be used as Optional on 1m. Any dive can be used as Optional on 3m. For detailed information see the Official meet information document

FC Level 7 Girls 3m

Divers shall perform 7 dives in the event. 1 Skills 3 Voluntary Dives and 3 Optional Dives. Voluntary dives must be from 3 different groups. Optional dives must be from 3 different groups. May not repeat Dives. Skills can be selected from this list : 100abc 200abc 5102a 5104a 5201a 5203a 5205abc 5301abc 5303abc 5305abc 5106abc 001abcd 002abcd Voluntaries can be selected from this list : 101abcd on 1m. 201abcd on 1m. 301abcd on 1m. 401abcd on 1m. 101abcd on 3m. 201abcd on 3m. 301abcd on 3m. 401abcd on 3m. Any dive can be used as Optional on 1m. Any dive can be used as Optional on 3m. For detailed information see the Official meet information document

FC Level 8 Girls 3m

Divers shall perform 7 dives in the event. 4 Voluntary Dives. and 3 Optional Dives. Voluntary dives must be from 4 different groups. Optional dives must be from 3 different groups. May not repeat Dives. Voluntaries can be selected from this list : 101abcd on 1m. 201abcd on 1m. 301abcd on 1m. 401abcd on 1m. 101abcd on 3m. 201abcd on 3m. 301abcd on 3m. 401abcd on 3m. Any dive can be used as Optional on 1m. Any dive can be used as Optional on 3m. For detailed information see the Official meet information document