



AAU Red/White/Blue Nationals

Spring diving opportunity for J.O. divers. Divers qualify by attending one of the 6 national qualification events. If they place top 6 in their age group, they go to represent their area of the country in the competition. Red is the West coast, White is the middle and Blue is the East coast.

RWB Top 6 divers in each event qualify for the Red-White-Blue National Diving Championship. Should a top 6 diver decline to attend, the 7th place diver will be invited to attend and so on. Divers who qualify in a springboard event automatically qualify for the Red-White-Blue Platform event. Divers who ATTEND the Red-White-Blue National Diving Championships will be outfitted.

AAU Summer National Championship

The next highest priority. Divers may qualify for the AAU national championships by earning a minimum event total score at any meet throughout the year. Divers who attend more invitational meets, have more opportunities to get their AAU qualifying score.

Note: *Proof of qualifying scores may be required at the meet site. Divers or coaches should bring qualifying dive sheets plus meet results available for proof of performance.*

AAU National Qualification Scores

Age Group	1 Meter Score	3 Meter Score	Platform Score
9 & U (G & B)	No Min Score	No Min Score	No Min Score
11 & U Girls	155 (5 dives)	160 (5 dives)	140 (5 dives)
11 & U Boys	140 (5 dives)	150 (5 dives)	140 (5 dives)
12-13 Girls	225 (7 dives)	235 (7 dives)	175 (6 dives)
12-13 Boys	210 (8 dives)	225 (8 dives)	190 (7 dives)

Age Group	1 Meter Score	3 Meter Score	Platform Score
<i>14-15 Girls High School Score</i>	<i>284 (8 dives) 362 (11 dives)</i>	<i>294 (8 dives)</i>	<i>248 (7 dives)</i>
<i>14-15 Boys High School Score</i>	<i>255 (9 dives) 382 (11 dives)</i>	<i>275 (9 dives)</i>	<i>275 (8 dives)</i>
<i>16-18 Girls High School Score</i>	<i>340 (9 dives) 372 (11 dives)</i>	<i>350 (9 dives)</i>	<i>295 (8 dives)</i>
<i>16-18 Boys High School Score</i>	<i>365 (10 dives) 405 (11 dives)</i>	<i>390 (10 dives)</i>	<i>310 (9 dives)</i>
<i>19+ Women</i>	<i>Min D.D. 13.0 (6 Dives)</i>	<i>Min D.D. 14.8 (6 Dives)</i>	<i>Min D.D. 12.0 (5 Dives)</i>
<i>19+ Men</i>	<i>Min D.D. 15.0 (6 Dives)</i>	<i>Min D.D. 16.4 (6 Dives)</i>	<i>Min D.D. 15.9 (5 Dives)</i>

Group E, 9 & U	Group D, 10-11	Group C, 12-13	Group B, 14-15	Group A, 16-18
<i>Boys and Girls 3 Vols, 1 opt</i>	<i>Boys and Girls 3 Vols, 2 opt</i>	<i>Girls 5 vols, 2 opts Boys 5 Vols, 3 opts.</i>	<i>Girls 5 vols, 3 opts Boys 5 Vols, 4 opts.</i>	<i>Girls 5 vols, 4 opts Boys 5 Vols, 5 opts.</i>
<i>Vols Max 1m 5.4, 3m 5.4</i>	<i>Vols Max 1m 5.4, 3m 5.4</i>	<i>Vols Max 1m 9.0, 3m 9.5</i>	<i>Vols Max 1m 9.0, 3m 9.5</i>	<i>Vols Max 1m 9.0, 3m 9.5</i>



Region and Zone Maps

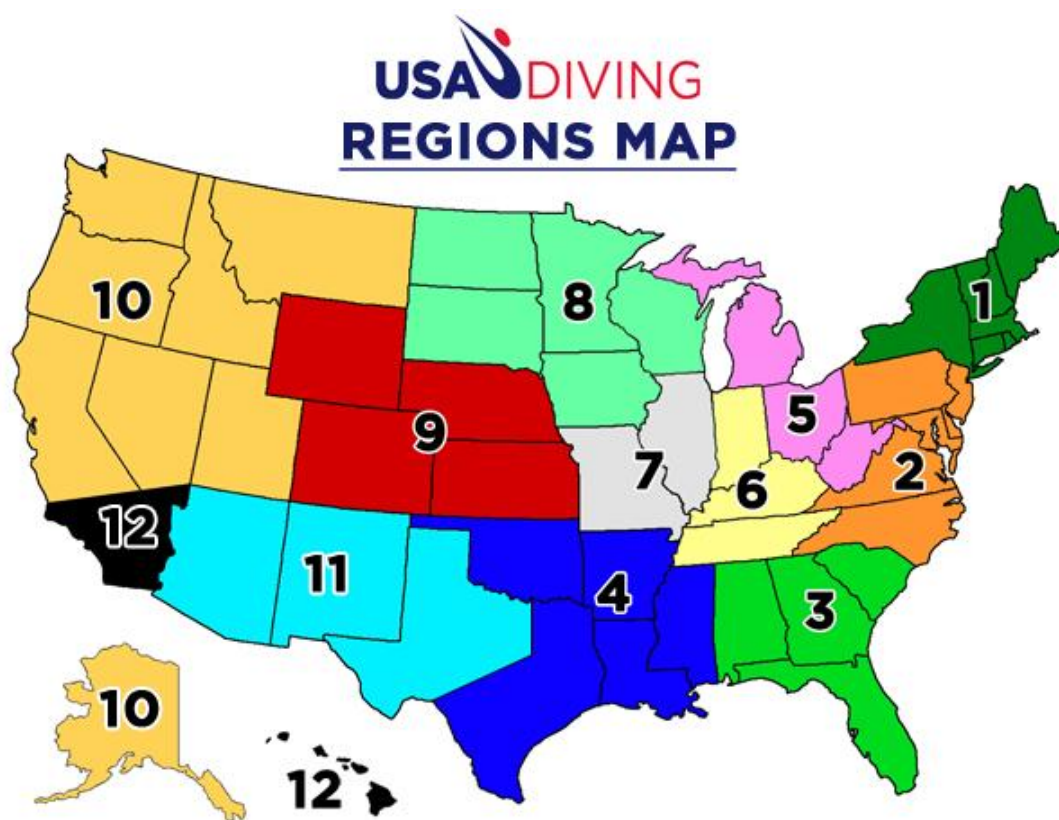
The top 15 from Regionals advance to the zone meet.

Zones is combined region 3 & 4. The top 10 from zones go to USA Diving Nationals.

USA Diving Links:

[International Team Selection Procedures](#)

[Meet Entry Fee Structure](#)



Notes:

- Region 4: Arkansas, Louisiana, Mississippi, Oklahoma and Texas (excluding the portion of the North Texas Association that is west of I-35) [for regional purposes, the Dallas/Fort Worth metro area is considered east of I-35].
- Region 10: Alaska, parts of California (Northern and Central California Associations), Idaho, Nevada (minus Clark County/Las Vegas), Montana, Oregon, Utah and Washington.
- Region 11: Arizona, New Mexico and a portion of the state of Texas (the portion of the North Texas Association that is west of I-35) [for regional purposes, the Dallas/Fort Worth metro area is considered east of I-35].
- Region 12: The portion of California that is in the Southern Pacific Association, Hawaii, and the portion of Nevada that is within Clark County (Las Vegas area).

USA DIVING ZONES MAP



The following comprise the six Diving Zones:

- Zone A: Regions 1 and 2 -- Zone B: Regions 3 and 4 -- Zone C: Regions 5 and 6
- Zone D: Regions 7 and 8 -- Zone E: Regions 9 and 10 -- Zone F: Regions 11 and 12